

**Post Graduate Diploma in Guidance & Counselling, 2<sup>nd</sup> Semester Examination – 2019-20**

**Bio-Psychology & Psychopathology**

**Sixth Paper (PGDGC-106)**

**ASSIGNMENT**

*(To be submitted by 13<sup>th</sup> June, 2020)*

**Full Marks – 100**

**Weight age of marks: 20%**

*The figures in the margin indicate full marks.*

*Candidates are required to give their answers in their own languages as far as practicable.*

1. Answer any **ten** questions from the following: 2×10=20
    - a) What is abnormal behaviour?
    - b) What is ‘PTSD’?
    - c) Define Psychopath.
    - d) What is identity crisis?
    - e) What is delusion?
    - f) What is panic attack?
    - g) What is GABA?
    - h) Write two functions of endocrine glands?
    - i) Define agoraphobia?
    - j) What do you mean by Dementia?
    - k) What is Border Line Personality Disorder?
    - l) Mention two causes of Parkinson’s disease.
  
  2. Answer any **six** questions from the following: 10×6=60
    - a) Discuss the biological causal factors / viewpoints of abnormal behaviour.
    - b) Discuss the causes and coping mechanism of stress.
    - c) Discuss the symptoms and causes of psychosomatic disorders.
    - d) Describe the anatomical structure of a Neurone with suitable diagram.
    - e) Discuss the causes and treatment of ADHD.
    - f) Describe the causes of MR and their remedial measures.
    - g) Discuss the causes, symptoms and treatment of Paranoid Personality Disorder.
    - h) Discuss the causes of Bipolar Disorder and its treatment.
    - i) Discuss the symptoms and psychological perspective of Borderline Personality Disorder.
  
  3. Answer any **one** question from the following: 20×1=20
    - a) Discuss in detail the different types of Schizophrenia Spectrum Disorder with their symptoms, causes and treatment.
    - b) Discuss in detail the symptoms, causes and treatment of OCD.
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**Post Graduate Diploma in Guidance & Counselling, 2<sup>nd</sup> Semester Examination – 2019-20**  
**Therapeutic Approaches in Psychology**  
**Seventh Paper (PGDGC-107)**  
**ASSIGNMENT**

*(To be submitted by 13<sup>th</sup> June, 2020)*

**Full Marks – 100**

**Weight age of marks: 20%**

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1. Answer any **ten** questions from the following: 2×10=20
- a) What is Electroconvulsive Therapy?
  - b) What is Bio-feedback?
  - c) What is Hospice Care?
  - d) Define Projection.
  - e) Define Modelling.
  - f) What is Psychodrama?
  - g) Define Id.
  - h) What is Defence mechanism?
  - i) What is Psychotherapy?
  - j) Define Punishment.
  - k) What is Desensitization?
  - l) Define Regression.
2. Answer any **six** questions from the following: 10×6=60
- a) What is Flooding? Discuss different kinds of Flooding.
  - b) Delineate different benefits of Psychodrama.
  - c) Describe major steps of Relaxation technique.
  - d) What is REBT? Discuss its major concepts.
  - e) What do you mean by Humanistic therapy? Narrate major steps of Client-centered therapy.
  - f) What is Reality therapy? Briefly discuss its basic tenets.
  - g) What is terminal illness? Describe some major issues of terminal illness management.
  - h) What is Reinforcement? Discuss some major forms of reinforcement.
3. Answer any **one** question from the following: 20×1=20
- a) What is Psychotherapy? Describe different core concepts of Existential therapy.
  - b) Explain different major issues of Psychoanalytic therapy along with its limitations.
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**Post Graduate Diploma in Guidance & Counselling, 2<sup>nd</sup> Semester Examination – 2019-20**

**Counselling in Practice**  
**Eighth Paper (PGDGC-108)**  
**ASSIGNMENT**

*(To be submitted by 13<sup>th</sup> June, 2020)*

**Full Marks – 100**

**Weight age of marks: 20%**

*The figures in the margin indicate full marks.*

*Candidates are required to give their answers in their own languages as far as practicable.*

1. Answer any **ten** Questions from the following: 2×10=20
- (a) What is Phobia?
  - (b) What is Occupational Counseling?
  - (c) What is LD?
  - (d) Difference between Counselling and Consultations?
  - (e) What is Substance Abuse?
  - (f) Give an idea of ASD.
  - (g) Define Obsession.
  - (h) Give an idea of Hearing Impairment.
  - (i) Write about MDD.
  - (j) Mention IQ Level of Gifted Children.
  - (k) Define Child Trauma.
  - (l) Explain Epilepsy.
2. Answer any **six** questions from the following: 10×6=60
- (a) Classify ADHD. Write about inattentive subtype. 3+7
  - (b) Define 'LD' and give an overview of Visual Impairment. 4+6
  - (c) What is Counselling of preparing retirement of old people? 10
  - (d) Describe all the steps of Consultation Process. 10
  - (e) What is Bipolar Disorder? Describe Manic Phase? 3+7
  - (f) How to counsel a student before seeking a job? 10
  - (g) Describe Consultation skills. 10
  - (h) Give an idea about Management of Cardiac Impairment. 10
  - (i) Define Dyspraxia and describe its symptoms. 3+7
  - (j) Give an overview of counseling of Parents and Teacher. 5+5
  - (k) What is Autism Triad? Describe important symptoms of Autism. 3+7
3. Answer any **one** question from the following: 20×1=20
- (a) What is life threatening illness? Describe one deadly illness and its Counselling for management. 2+18
  - (b) Mention the types of Schizophrenia and clinical features of Schizophrenia. 8+12
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